



# Local and Online Financial Resources

## Accounts, for Saving and Spending – Any credit union or bank!

- Cooperative Federal – Checking, savings, bill pay, credit building opportunities (315) 473-0220
- SEFCU – Checking, savings, health savings accounts, mobile banking, text notices, and credit building opportunities 800-727-3328

## Child Care:

- Child Care Solutions - [www.childcaresolutionsny.org](http://www.childcaresolutionsny.org) | (315) 446-1220
- Department of Social Services - (315) 435-5683
- Work Force Development Institute - (315) 426-1383 | <https://wdiny.org/>

## Community Centers– Many programs

- PEACE, Inc. Family Resource Centers - (315) 470-3300 | <http://www.peace-caa.org>
- Huntington Family Center -(315) 476-3157 | [www.huntingtonfamilycenters.org](http://www.huntingtonfamilycenters.org)
- Southwest Community Center - (315) 474-6823 | [www.smnfswcc.org](http://www.smnfswcc.org)
- Syracuse Northeast Community Center - (315) 472-6343 | <http://snccsyr.org>
- Westcott Community Center - (315) 478-8634 | [www.westcottcc.org](http://www.westcottcc.org)

## Credit and Budget Counseling:

- Free Financial Education Videos (Khan Academy and Bank of America) <https://www.bettermoneyhabits.com/>
  - Clearpoint Credit Counseling Solutions – Counseling and debt management plans, 877-877-1995
  - Cooperative Federal– Credit reviews, budget counseling, and credit building products, (315) 476-1451
- These organizations are not for profit, and may charge a nominal fee for their services.*

## Food Assistance

- Assumption Church/ Bagged lunches twice a day - (315) 473-9101
- Find a pantry near you - <http://www.foodpantries.org/ci/ny-syracuse>
- Food Sense Program/ Food Bank (open to anyone seeking to stretch food dollars) - (315) 437-1899
- InterReligious Food Consortium- Callers connected with a food pantry (9am-3pm) - (315) 474-8855

## Home Ownership:

- Cooperative Federal – Counseling, Homebuyer Savings Match, Mortgages (315) 476-5290
- Home Headquarters – Homebuyer education, counseling, grants and mortgages, (315) 474-1939
- SEFCU – In person financial education, Homebuyer Savings Match program, (315) 701-1390

## Health Care and Emergency Services

- Addiction Recovery Syracuse Behavioral Healthcare 24-Hour hotline - (315) 471-0568
- Fidelis Care 1-888-343-3547 | [www.fideliscare.org](http://www.fideliscare.org)
- Find a Health Care Navigator (ACR Health) - (315) 475-2430
- NYS Medicaid & Child Health Plus Hotline -1-800-541-2831
- UnitedHealthcare (315) 433-5856 | [www.uhc.com](http://www.uhc.com)
- VERA House 24 Hour Domestic/Sexual Violence Hotline (315) 468-3260 | [www.verahouse.org](http://www.verahouse.org)

## Legal Assistance:

- Hiscock Legal Aid (315) 422-8191 | <http://www.hiscocklegalaid.org/>
- Legal Services of CNY/Legal Aid of Mid NY: 1-877-777-6152
- Volunteer Lawyers Project: <http://www.onvlp.org/get-legal-help> | (315) 471-3409

## Public Benefits

- Find out what benefits you may qualify for - [myBenefits.ny.gov](http://myBenefits.ny.gov)
- Office of Temporary and Disability Assistance - <http://otda.ny.gov/workingfamilies> | 1-800-342-3009

## Utilities Assistance

- Care and Share Program- through American Red Cross - (315) 234-2202
- Consumer Advocates at National Grid - 1-877-444-6337
- HEAP (Home Energy Assistance Programs) - (315) 435-8295

